

ALTA DIAGNOSTICS, INC.

2560 BUSINESS PARKWAY STE C, MINDEN, NV 89423 (800) 359-9691 (775) 267-3001 FAX: (775) 267-1142 18 MONTH OPEN VIAL STABILITY

LIQUID URINE CONTROL

FOR

MICROSCOPIC & HIGH SPECIFIC GRAVITY

| LOT # 320019 Exp 11/12 | MICROSCOPIC | SPECIFIC GRAVITY | PROCEDURE |
|------------------------------|-----------------|---------------------|--|
| HIGH | 35 | 1.036 | 1. Shake well before using to assure complete |
| MEAN | 20 CELL/HP ± 15 | 1.031 ± .005 | mixing of the contents. |
| LOW | 5 | 1.026 | 2. Remove bottle cap and pour 12 ml into a |
| DAY 1 | | | clean, dry conical centrifuge tube.* |
| DAY 2 | | | 3. Centrifuge for 5 minutes at 2000 rpm. (A |
| DAY 3 | | | lower rpm may be used if this is called for in your laboratory procedure. However, a |
| DAY 4 DAY 5 | | | somewhat lower mean may result!) |
| DAY 6 | | | 4. Remove control from the centrifuge and at |
| DAT 0 DAY 7 | | | this time, if desired, take and record the |
| DAY 8 | | | specific gravity reading by placing a small urinometer in the centrifuge tube or, |
| DAY 9 | | | alternatively, transfer a few drops of the |
| DAY 10 | | | supernate to a refractometer. |
| DAY 11 | | | 5. Pour off and discard all but 0.5 ml of the |
| DAY 12 | | | supernate. |
| DAY 13 | | | 6. Resuspend the sediment in the remaining |
| DAY 14 | | | 0.5 ml of supernate by touching the bottom of the tube to a vortex machine or by flicking the |
| DAY 15 | | | bottom of the tube with your finger. |
| DAY 16 | | | |
| DAY 17 | | | Transfer a drop of the resuspended sediment to a clean dry microscope slide and |
| DAY 18 | | | cover with a cover slip. |
| DAY 19 | | | 8. Count and record the average number of |
| DAY 20 | | | cells found in 10 high power fields. |
| DAY 21 | | | 9. At the end of the month, add the column of |
| DAY 22 | | | entries for MICROSCOPIC and/or SPECIFIC GRAVITY and enter the TOTAL at the bottom of the column. Determine the MEAN by dividing the TOTAL by the number of days the test was run. |
| DAY 23 | | | |
| DAY 24 | | | |
| DAY 25 | | | |
| DAY 26 | | | 10. Store at 2º - 8ºC. May be stored at room |
| DAY 27 | | | temperature once bottle is in use. |
| DAY 28 | | | *NOTE:The value range for Alta's Microscopic |
| DAY 29 | | | Control is based on the parameters set forth in the above procedure. Laboratories using a procedure with different parameters (i.e. volume, rpm and time of centrifugation and amount of supernate discarded) should develop their own range of values and mean for the control using their procedure. |
| DAY 30 | | | |
| DAY 31 | | | |
| TOTAL | | | |
| MEAN | | | procedure. |